



School Bulletin

13th February 2023

Children's Mental Health Week

Zen Bus comes to Hartshill Academy as part of our commitment to pupil and staff well-being.

At Hartshill Academy pupils and staff visiting the Zen Bus had twenty minutes of guided Zen Sessions focusing on helping to lower stress and anxiety levels. All sessions were delivered from our converted American school bus! Activities on offer were : Gentle breathing techniques for stress and anxiety to help concentration Guided visualisation meditation for creativity, relaxation and to help focus.



Go Geography Pupils!

Geography pupils have now answered over 105,000 questions since the launch of Educake in October - this is a huge achievement. Well done!

Attendance Cup Information

After February half-term, Hartshill is launching the HART Cup, an inter-house Attendance competition.

Each week, a form group will be pitted against another in years 7-10. At the end of the week, the winning form group will get three points! There are two for a draw and one for taking part each week.

We hope this will support our attendance as a whole, and encourage our pupils to see the importance of attending every day!

Heart – Ambition – Respect – Tenacity

Keresley R.F.C

Are you interested in Rugby, getting fit and making new friends? If the answer is yes, why not contact Keresley R.F.C for further information.



KERESLEY R.F.C.

WELCOMES ALL PLAYERS & AGES -
BENEFIT FROM RUGBY

EXCELLENT VALUES,
GAIN FRIENDS AND GET FIT

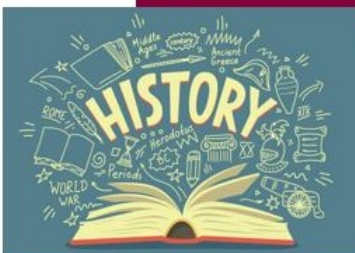
TRAINING MIDWEEK & WEEKENDS
(Dependant upon Age)

CONTACT Gareth Whitehead
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This week in History

Week beginning 6th February
This week in History....



6th February 1918 a large number of women were granted the right to vote.

Women over 30 years of age could now vote.



Octopus Publishing Group Ltd, 2013. On This Day.



Our HART values help us to Be Kind, Work Hard and Achieve