

22<sup>nd</sup> May 2023

Dear Parent/Carer

Following recent events in our local community we have been working with the Police and Warwickshire County Council to ensure we have access to all support facilities available to our pupils and their families.

The Warwickshire Family Information Service provides advice on a range of family matters and can make referrals for more dedicated support. We are working with the service to set up some parent drop-in sessions at the school and community venues for anyone who feels they would benefit from a confidential conversation about anything concerning to them. To request to book on to one of these sessions please email your details to the Family Information Service email address and you will be sent booking details. The email address is: [fis@warwickshire.gov.uk](mailto:fis@warwickshire.gov.uk) or you can call the Family Information Service helpline (freephone) 0800 408 1558 (9am to 5pm Monday to Friday).

The school and families also have access to locality Early Help networks, as well as a family support worker helpline and can offer further assistance if a parent is concerned about a young person's wellbeing and requires help or advice. The Family Support Worker helpline is 01926 414144 option 2 (9am to 4.30pm Monday to Friday).

We are also in discussions with Warwickshire County Council about having the Loudmouth Theatre company in school again to run more sessions with pupils. Loudmouth offers workshops to educate young people on serious issues that affect them, and the sessions will offer a safe place to explore different themes and encourage them to talk about the impact they have and how to respond.

Take opportunities to talk to your child and listen to what they say matters to them. If they are worried about anything, try to help them to understand that their feelings and their safety is important and will be taken seriously. If you, or they, need to speak to someone there are services in Warwickshire to help and contact details are included in this letter.

This week is national Mental Health Awareness Week and the topic in focus is anxiety. This is timely given recent events in our community, which have had a significant impact on our pupils. I urge you to reach out and talk to a member of staff if you have any specific concerns or want to discuss anything mentioned in this letter.

For further support contact one of the services listed below or visit [www.warwickshire.gov.uk/mentalhealth](http://www.warwickshire.gov.uk/mentalhealth).

- RISE – a family of NHS-led services providing emotional wellbeing and mental health services [www.cwrise.com](http://www.cwrise.com)
- Kooth – a free, safe and anonymous digital counselling and support service for children and young people [www.kooth.com](http://www.kooth.com)
- Wellbeing for Warwickshire – range of community health and wellbeing services [www.wellbeingforwarwickshire.org.uk](http://www.wellbeingforwarwickshire.org.uk) **0800 616171**
- The School Health & Wellbeing Service - provides health and wellbeing advice on a range of health topics. Get in touch anytime via the ChatHealth confidential text messaging service for young people aged 11-19 years on **07507 331 525**

Yours sincerely

A handwritten signature in cursive script that reads "L Taylor".

Miss L Taylor  
Principal